

# TEACH Project **Online** Core Course: A Comprehensive Course on Smoking Cessation: Essential Skills and Strategies

*Part of the internationally accredited TEACH Certificate Program*

## SYNOPSIS OF COURSE

This introductory online course will help practitioners to screen, assess and treat people with tobacco dependence using evidence-based pharmacotherapies and psycho-social interventions. Tools and techniques for enhancing motivation and facilitating cessation groups are also covered. A series of content-based online quizzes are administered at the end of each module and an overall grade of  $\geq 70\%$  is required.

Information regarding Faculty and Accreditation will be available in January 2013 on [www.teachproject.ca](http://www.teachproject.ca)

## LEARNING OBJECTIVES

*After completing this online course you will be able to:*

1. Identify the major clinical implications of smoking prevalence and provide clear and accurate information surrounding tobacco use and dependence.
2. Adapt and apply evidence-based screening and assessment tools and psycho-social interventions for tobacco dependence.
3. Identify and describe evidence-based use of pharmacotherapies in tobacco cessation and their therapeutic use.
4. Integrate motivational interviewing strategies into clinical practice with clients who are ambivalent towards behaviour change.

For a complete list of Learning Objectives, please visit [www.teachproject.ca](http://www.teachproject.ca)

## IMPORTANT COURSE INFORMATION

This course will be offered in 10 online modules (a total of 19.5 hours) from Monday February 25<sup>th</sup> 2013 until Monday March 25<sup>th</sup> 2013  
**Applications are currently OPEN until January 11, 2013 at [www.teachproject.ca](http://www.teachproject.ca)**  
Program Fee: \$225

*The Training Enhancement in Applied Cessation Counselling and Health (TEACH) Project aims to ensure that practitioners who provide services to people who use tobacco have the specialized knowledge and skills to deliver effective, evidence-based cessation interventions and is funded by The Ministry of Health and Long-Term Care. Please visit our website under "Certificate Program" for more information on the fees associated with this course and our program policy.*

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